

University of  
Lethbridge



## Program Planning Guide

Name: \_\_\_\_\_

ID: \_\_\_\_\_

Calendar Year: 2023/2024

**Major in Addictions Counselling:**

[www.ulethbridge.ca/healthsciences/addictions](http://www.ulethbridge.ca/healthsciences/addictions)

**Academic Calendar:**

[www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar)

**High School Admission Requirements:**

[www.ulethbridge.ca/ross/admissions/undergrad/high-school](http://www.ulethbridge.ca/ross/admissions/undergrad/high-school)

**Current and Past Program Planning Guides:**

[www.ulethbridge.ca/ross/ppgs](http://www.ulethbridge.ca/ross/ppgs)

**Faculty of Health Sciences Advising:**

[www.ulethbridge.ca/healthsciences/advising](http://www.ulethbridge.ca/healthsciences/advising)

**Bachelor of Health Sciences**  
**Addictions Counselling**

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor ([www.ulethbridge.ca/ross/academic-advising](http://www.ulethbridge.ca/ross/academic-advising)) for advising information.

**Name :** \_\_\_\_\_

**ID :** \_\_\_\_\_

**Program Requirements**

Completion of at least 40 courses (120.0 credit hours) with a GPA of at least 2.00 on courses taken for credit towards the degree, AND a minimum cumulative GPA of 2.50 on all Aboriginal Health, Addictions Counselling, Health Sciences, and Public Health courses taken for credit towards the degree.

**Major Requirements**

- \_\_\_\_\_ ADCS 1000 - Introduction to Addiction Studies
- \_\_\_\_\_ ADCS 1020 - Introduction to the Counselling Interview
- \_\_\_\_\_ ADCS 1220 - Counselling I (Individual Counselling)
- \_\_\_\_\_ ADCS 2120 - Counselling II (Group Counselling)
- \_\_\_\_\_ ADCS 2140 - Drugs of Abuse
- \_\_\_\_\_ ADCS 2235 - Indigenous Perspectives on Counselling and Wellness
- \_\_\_\_\_ ADCS 2245 - Assessment of Addictions
- \_\_\_\_\_ ADCS 2275 - Trauma in Addictions Counselling
- \_\_\_\_\_ ADCS 3002 - Health Education and Promotion
- \_\_\_\_\_ ADCS 3050 - Internship in Addictions Counselling I (15.0 credit hours)
- \_\_\_\_\_ ADCS 3120 - Counselling III (Family Counselling)
- \_\_\_\_\_ ADCS 3130 - Diversity and Counselling
- \_\_\_\_\_ ADCS 3140 - Behavioural Pharmacology
- \_\_\_\_\_ ADCS 3150 - Adult Psychopathology
- \_\_\_\_\_ ADCS 3240 - Concurrent Disorders
- \_\_\_\_\_ ADCS 3260 - Research in Addictions
- \_\_\_\_\_ ADCS 3420 - Ethics in Addictions Counselling
- \_\_\_\_\_ ADCS 4050 - Internship in Addictions Counselling II (15.0 credit hours)
- \_\_\_\_\_ ADCS 4200 - Community Development and Outreach
- \_\_\_\_\_ ABHL 1000 - Introduction to Aboriginal Health
- \_\_\_\_\_ HLSC 3450/PSYC 3450 - Applied Statistics for Clinical Practice
- \_\_\_\_\_ LBED 1000 - Knowledge and Liberal Education

**One of:**

- \_\_\_\_\_ PSYC 1010 - Introduction to Psychology A: Evolution, Mechanisms, and Cognition/Perception
- \_\_\_\_\_ \* PSYC 1020 - Introduction to Psychology B: Developmental, Sociocultural, and Abnormal

*\*Students who select Psychology 1020 must complete a course from List III: Science Courses (p. 86) as the Open Elective*

**Notes**

Due to the structured nature of the B.H.Sc. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

**Electives**

Courses with a subject code of ABHL, ACCT, ADCS, AGEM, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, or TREC may not be used to fulfill the Fine Arts and Humanities Electives, Social Science Elective, or Science Electives in the Addictions Counselling major.

- \_\_\_\_\_ One 3000 or 4000-level Addictions Counselling elective
  - 1. \_\_\_\_\_
- \_\_\_\_\_ Four Fine Arts and Humanities electives
  - 1. \_\_\_\_\_
  - 2. \_\_\_\_\_
  - 3. \_\_\_\_\_
  - 4. \_\_\_\_\_
- \_\_\_\_\_ One Social Science elective
  - 1. \_\_\_\_\_
- \_\_\_\_\_ Two Science electives
  - 1. \_\_\_\_\_
  - 2. \_\_\_\_\_
- \_\_\_\_\_ One Open elective
  - 1. \_\_\_\_\_

**Sequencing Plan**

Students are strongly encouraged to follow the sequencing plan outlined here. Not following the sequencing plan may result in extending the length of your program beyond 4 years.

<b>Year 1, Fall</b>	<b>Year 1, Spring</b>
ABHL 1000	ADCS 1220
ADCS 1000	ADCS 2235
ADCS 1020	ADCS 3002
LBED 1000	Fine Arts and Humanities elective
PSYC 1010 or PSYC 1020	Science elective
<b>Year 2, Fall</b>	<b>Year 2, Spring</b>
ADCS 2120	ADCS 2245
ADCS 3420	ADCS 3240
ADCS 2140	HLSC 3450/PSYC 3450
Fine Arts and Humanities elective	3000/4000-level ADCS Elective
Fine Arts and Humanities elective	Open Elective
<b>Year 3, Fall</b>	<b>Year 3, Spring</b>
ADCS 3130	ADCS 2275
ADCS 3140	ADCS 3120
ADCS 3150	ADCS 4200
ADCS 3260	Social Science elective
Science elective	Fine Arts and Humanities elective
<b>Year 4, Fall</b>	<b>Year 4, Spring</b>
ADCS 3050 (15.0 credit hours)	ADCS 4050 (15.0 credit hours)